

### 6 July 2020 (Monday)



### What was your WFH daily routine during the MCO?

My day started with a glass of Chinese tea with honey and a simple breakfast. At 9.30am, I would be at my computer for virtual meetings. My lunch break was at 1.30pm and it would be rice with simple vegetable dishes or salad and fruit. Then, the meetings would continue until 5pm. In between the scheduled sessions, I read reports from the business units.

Dinner was around 7.30pm, and this would be our family time as I caught up with my children. On weekends, a drive around Bandar Sri Sendayan, Seremban, would be included.

### Have you picked up a new skill?

In terms of new skills and being a person who is inclined to having face-to-face meetings, I had to quickly adapt to having meetings online and gauging responses from the tone of voice, especially since the video feed would sometimes lag and hang.

# What is your current read or current watch on TV/Netflix?

I read many online publications and news feeds daily. Reading various publications and even listening to live podcasts of analysts and personalities — on topics such as real estate, money matters and family — feed the need to constantly challenge oneself. Business strategies are evergreen; it is just understanding the philosophy and modifying it to the reality now.

# What do you appreciate most about WFH?

It has made me more appreciative of time — the quietness that it provides and the constraints that it brings. This pandemic has accelerated many aspects of our digital transformation plan within the organisation, from the digital tools provided to our data security and ERP system as well as our business strategies.

The learning curve was steep for many of us as we adopted our new system quickly. We are more flexible towards changes and, as a result, most of us are very resilient now as we move in tandem in the best interest of the company.